### 2024 Lineman Challenge Philosophy

This competition is a great opportunity to get your lineman working an competing together, while establishing unit chemistry.

The Lineman Challenge allows players to use body control, balance, quickness, agility and strength.

The competition will also incorporate explosiveness, foot movement, and leverage—staples of line play!

The Lineman Challenge is a special event just for the "guys up front." This is a chance for them to show their skills, have fun and compete against each other.

### Who is the best of the Big Guys up Front!

	A Cine	

Cost is \$170 per 5 man school entry Checks made payable to:

> Steve Hladio/Big Uglies Football Payment by check or Venmo Register by June 1, 2024 Call with questions

## **2024 Locations**

Albany/Capital Region Shaker HS, NY

Long Island/NYC Region Farmingdale HS, NY

<u>New Jersey - Central</u> Sayreville. HS, NJ

West Chester/NYC Carmel HS, NY

Massachusetts - North Shore Greater Lawrence Tech, MA

Space is limited!!

Sign up early!!

Check us out on:

Facebook:Big Uglies Lineman CampsTwitter:Bigugliesinc



# 2024 BIG UGLIES LINEMAN CHALLENGE



When: Saturday, June 15, 2024 Where: Greater Lawrence Tech Football Field 57 River Road, Andover MA 01810

*Time: Registration begins - 9:45am Competition begins - 10:00:am* 

*Eligibility: Any HS lineman with football eligibility for the 2024 season.* 

### Important Competition Notes

- You must compete as a group of five (5) lineman.
- Schools may enter multiple teams. No switching teams.
- Winning team and coach will receive a tee shirt.
- A light refreshment stand will be available.
- Wear work out gear Bring a pair of sneakers.
- Cleats and football gloves are allowed.
- Each school is required to have a football program representative present at the competition.
- Due to an injury you may finish the Team Competition with four (4) lineman. All injuries must be documented by the on site medical staff, Lineman Challenge Director and Team Rep.
- Lineman Challenge staff will make the final decision over all events, behaviors or actions of all contestants and spectators.
- No refunds after June 1, 2024
- Any questions or concerns please get in contact.
- Rain or shine event.

All participants must play and have a roster position "on the line" for at least one side of the ball. Anyone found trying to beat the rules will be disqualified and banned for life.

### \*\*All competitors must have high school eligibility for the 2024 season\*\*

#### ANY QUESTIONS PLEASE CONTACT:

Steve Hladio Lineman Challenge Director 2 Sandalwood Court Albany, NY 12208 518-210-3113 stevehladio@gmail.com

Tony Sarkis Greater Lawrence Tech 478 Crystal Street Haverhill, MA 01832 978-764-2836 Tsarkis@glts.net

## List of Events

1. Bench Press

Total repetitions of 185lbs. will be added together for a grand total.

#### 2. Sled push

5 man or 1 man sled must be pushed for 20 yards while staying within the course.

3. Sack the QB course

Player must work their way through an obstacle course in an effort to sack the QB.

- 4. Farmers Walk Starting at the goal line carrying two 80-lb dumbbells to their partner 25 yards away.
- 5. Shiver Ball agility course. Player must push ball through a 15 yard course.
- 6. Tractor Tire Flip Player must flip a tractor tire 10 times while staying in the course.
- 7. Tug of War Blind draw for bracket. Teams are 10 yards apart. Time limit for stalemate. Pull the flag over the line.
- 8. Mystery events will be added Selected on day of event.

#### <u>Scoring system</u>

Points awarded on a ranking system Cumulative point total wins

#### **Awards**

*"Iron Line"* This award will go the TEAM with the best cumulative score in all events.

## Team Registration Form-(L)

Email:					
Print Neatly					
Lineman#1_					
Shirt Size	XL	XXL	XXXL		
Lineman#9					
Shirt Size	XL	XXL	XXXL		
1:					
Lineman#3_ Shirt Size	XL	XXL	XXXL		
Lineman#4_			XXXL		
Shirt Size	XL	XXL	XXXL		
Lineman#5_					
Shirt Size	XL	XXL	XXXL		
Football Pro Cell Phone # Shirt Size	-	·	tative attending: XXXL		
Reaistration	deadli	ne: <b>Ju</b>	<u>ne 1, 2024</u>		